12 Products to Add to a Combination Skincare Routine, According to Two Experts

Skincare routines have long evolved from the ease of soap and water. We've gotten used to a multistep process, layering on serums and moisturizers, creams, and sprays. And if you have combination skin, this habit can be even more complicated. "It's very common for people to have some areas of dry skin and some areas of oily skin—there must be an evolutionary cause!" dermatologist Mona Gohara, MD, says. "This is combination skin."

Combination skin can be tricky. Mona says that its oiliness can keep skin looking youthful, but its dryness can accentuate fine lines. Esthetician Shani Darden mirrors Mona's response, adding, "The T-zone may be oily, and the cheeks may be dry," for instance. Below, Shani and Mona describe the 12 products they would use for combination skincare routines to balance out the varying textures. Bottom line? They understand that your time in front of the mirror may be more involved than others.

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"A gentle cleanser that doesn't strip your skin is so important. I love this gentle gel cleanser because it effectively cleans the skin without drying it out."

— SHANI DARDEN, Celebrity Aesthetician